COUNSELING CENTER

The main purpose of the Counseling Center is to assist students in self-development, including personal adjustment, career planning and social skills building. All students in need of objective insights or merely "a listening ear" are encouraged to make use of the Center’s services. No student's concern is too minor to explore. This is usually accomplished through one-on-one and group counseling, although there are opportunities for workshops on certain topics, consultation and outreach programming for student, faculty and staff groups. The Center also provides career and personality testing services.

Because counseling often involves sensitive personal matters, discussions between counselors and students are strictly confidential. An exception occurs when students' problems become life threatening. The University and the student may enter into a contract to establish conditions regarding required treatment/assessment, if there is imminent danger. The student may decide to use the services offered by the University or to receive treatment elsewhere. In the latter case, periodic review by the University is required to confirm that contract conditions are met. For the welfare of the student, problems warranting treatment more intensive than the University can offer may require temporary medical withdrawal from the University. The student may be readmitted to the University upon acceptable completion of contract conditions. In life threatening circumstances, the University assumes the position that the parents or guardians of the student generally should be notified, and it will initiate such notification if the student has not done so within an appropriate time, refuses to do so or is unable to do so. Other exceptions to confidentiality include receiving a court order or when evidence suggests abuse or endangerment to a person under the age of 18 or over 60.

Matriculating undergraduates, graduate assistants and law students are eligible for services at no charge. Other graduate students, Intensive English Program participants and non-matriculated undergraduate students pay on a fee-for-service basis. Contact us (https://udayton.edu/studev/health_wellness/counselingcenter) for information about charges and services. The Center is accredited by The International Association of Counseling Services, Inc.