## CENTER FOR ALCOHOL AND OTHER DRUG RESOURCES AND EDUCATION

## Mission

The Center for Alcohol and Other Drugs Resources and Education (C.A.D.R.E) supports the Marianist principles of community living by delivering science-based risk-reduction alcohol and other drugs prevention education, interventions, and recovery support. The Center contributes to the educational mission of the University through early identification and intervention services in support of student academic success and retention.

## We Are Here To Help!

The Center for Alcohol and Other Drugs Resources and Education provides a variety of services to help you make healthy and responsible decisions regarding alcohol and other drugs. We also provide information and resources for students who are in recovery or who wish to abstain from substance use.

Our first priority is the health and safety of our students. We understand that along with academics, having fun is a part of the college experience.

We want to know that students are making the safest and most responsible decisions regarding alcohol. We are here to provide you with the information, resources, and support that you need. The goal is to ensure that all UD students have a safe, healthy, and successful college experience.

Schedule an alcohol check-up and receive professional feedback on your drinking habits. Learn how to adopt healthy behaviors. If you have concerns or think you may have a problem, the substance education program provides individual sessions with a counselor along with group sessions with an alcohol and other drug professional. Drop in for one or more of our support groups.

Center for Alcohol and Other Drug Resources and Education is located at Lawnview Apartment #106. Hours are 8:30 a.m. - 4:30 p.m., Monday - Friday.

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